16 September 2016

Message from the Principal

A short message to wish everyone a safe, enjoyable and relaxing Term break. It’s been a very busy final few weeks for our Seniors with assessments, exams and planning for their final term. I extend a sincere thanks to all of our parents, carers, and teachers, who are united as a team to ensure the individual success and personal best is attained for each and every student.

School will resume on Tuesday, 4 October 2016. Upon return, many of our year 12s will be getting excited about their pending graduation and formal. Before then, we have a number of events in the month of October, including: our last P&C Meeting for the Year, a Junior Charity Disco, and Awards Night at The Chandler Theatre. Please ensure your email addresses are up-to-date with our office to ensure you receive important notices about upcoming events relating to your child/ren.

Once again, thank you to everyone for a successful term. We look forward to welcoming everyone back on October 4th.

Sue Dalton, Principal

Key Dates

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<td>Last Day of Term 3</td>
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Teppanyaki Dinner

In week 9, a group booking was made at the ‘Teppanyaki Bar’ for the elective Japanese students in Years 9 to 12. Students enjoyed a banquet of salad, soup, fried rice as well as a range of teppanyaki vegetables, chicken and seafood.

The Japanese students have previously worked on various units in which they explored Japanese food. They have also learnt Japanese restaurant language and customs of dining in Japan. This excursion was an excellent opportunity for students to practice their speaking skills and to develop an appreciation of traditional Japanese cuisines and customs.

Both the junior and senior dinners were highly enjoyable evenings. At their last dinner, we even had some Year 12 students UNITED with a coordinated ensemble of black suits and sunglasses. The night offered a terrific opportunity to try traditional Japanese food and an excellent way to expand their cultural knowledge and understanding beyond the classroom environment.

Mami Yoshino – Japanese Teacher

Great state. Great opportunity.
Basketball Champions

The Wellington Point State High School Open Boys Basketball team won 38-16 against Kedron SHS in the Metropolitan finals, the 32 point victory concluding a stellar unbeaten season. The teams disruptive high pressure team defence, had Wellington Point up from the very beginning.

The team played two final games (the first game against Yeronga SHS), 1 hour apart on the day which tested our mental determination and physical fitness.

Our united defensive effort was led by Konnor Ross who was backing up from 4 hours of Qld representative basketball training the previous day. On the offensive end, Jackson Ross controlled the game from above the rim, including a sensational put back dunk. It was the selfless nature of our team offense which saw our guards Jesse and Josh Rollings sink many key long range jump shots in the third quarter. Unlike the scrappy game prior, Ryan McKain and Brock Barber had almost flawless control of the ball to ensure a close error free match.

After the game the Kedron coach commented "(Wellington Point) players shot the ball very well." Wello team coach James Hennessy said: "It was great to see the team for not only 6 months of training but their 5 year journey of basketball at Wellington Point that most of these players have made together. I am very proud of their effort."

Team Coach, James Hennessy

Awards Night

26 October 2016

Wellington Point State High School’s Awards Night will be held at the Chandler Theatre within the Sleeman Complex this year on Wednesday evening, 26 October 2016. This special event is to recognise students who have excelled academically, in sports, in serving the community, or in some other area. The event will be held from 6:30-8:30pm. Please stay tuned early in Term 4 for invitation details.

Recognising Excellence

The Stitch Café

Opening in Term 4

Students….. Are you interested to learn how to sew? Repair a garment? Stitch on a button? In Term 4 of 2016, one of our Home Economics Teachers, Ms. Kruger is planning to open “The STITCH Café.” STITCH stands for S=Sew, T=Think, I = Invent, T= Tailor, C=Create and H=Handmade. This will be a fortnightly afterschool workshop where students can learn the basics of sewing or ask for help with their Home Economics assignments. As a trial, we will limit class numbers in Term 4 to 16 students.

If you or someone you know would be interested to join The STITCH Café, please email nkrue1@eq.edu.au to register your interest. The class will be free of charge; however we ask if parents may be able to donate fabrics for students to use as they make simple patterns from scratch.

Learn to Sew – a free after-school workshop

2016 Yearbook

The 2016 Yearbook is a wonderful souvenir for all students, particularly Year 12 students – as a memento of school life in 2016. This year’s Yearbook will be published in FULL COLOUR, featuring class photos of every year level, photo collages, autograph pages and highlights from events throughout the year.

These Yearbooks will be available for collection in November to coincide with Year 12 Graduation Day.

To order a copy, students/parents must pre-purchase from our Finance Window during opening hours. Yearbooks are for sale at $15 per copy.

Click on the album below for a sneak-peek inside the 2016 Yearbook!

Congratulations Aleem

Our sincere congratulations extend to Year 7 student, Aleem Sanni for receiving the Best & Fairest Award at the Brisbane Juniors AFL Gala Awards Night. His performance and conduct led to his nomination, voted as one of the top 4 players in
his division for the 2016 under 12s. On behalf of everyone at Wellington Point State High School, we are very proud of you Aleem!

Best & Fairest Award

Need for Feed

Cooking classes for students in grades 7 to 10

The Need for Feed program is now underway at Wellington Point State High School. This voluntary after-school program introduces children on how to cook and prepare healthy meals. As we know, a high intake of fruit and vegetables is essential to maintain a healthy body, and reduce the risk of developing Diabetes.

A very big thank you to our Home Ec teachers, Ms. Perry & Mrs. Morrison for hosting this 8-week workshop. Here are a few fabulous pictures from inside the kitchen....

From the Guidance Officers

Parenting Styles

Parenting has it challenges particularly in the teenage years. How you raise your child influences the way they behave and interact at school. Your parenting style helps predict your child’s wellbeing particularly in the areas of friendships and social interactions, academic performance, mental wellbeing and behaviour. Four types of parenting styles have been commonly suggested:

Authoritative Parents – are warm but firm; encourage independence within limits; engage in debate with their adolescents and as a result the young people learn to negotiate, believe their opinions are valued and are able to manage well in social situations; and they take into account the young person’s point of view. Young people with authoritative parents generally become responsible, independent and socially competent.

Authoritarian Parents – display lack of warmth and are very controlling; do not take into consideration the young person’s point of view; believe the young person should accept any rules without questioning so learning the rules is more important than developing independence. As a result young people with authoritarian parents may have their independence stifled and may become rebellious (some with aggressive tendencies) or dependent.

Permissive Parents – provide warmth without demanding anything of their teenagers; are indulgent and give in to their young person’s wishes; and do not like to say “no” and disappoint their children. Children with permissive parents may have a tendency to be egocentric (it’s all about me!) and have difficulty with self-control and relationships with their peers.

Uninvolved Parents – place little demand or provide little warmth towards their children; they have little time for their children and contact time is minimal. Children of uninvolved parents may grow up to also be uninvolved parents, self-centred and impulsive.

Parents may swing between a couple of these parenting styles depending how tired they are and what else is happening in their life. Parenting styles may also differ between the parents. If this is happening, discussing acceptable and non-acceptable teenager behaviours in private to reach an acceptable agreement can help establish the consistency that teenagers need and thrive on.

If on reflection you think, as a parent, you need help to work more in the authoritative parent zone, there are parenting teenager courses on offer e.g. Babi “Parenting and Enjoying Teenagers” (see the attachment) or Triple P “Raising Teenagers” course

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2017 Enrolments

If you or someone you know has a child due to start high school in 2017, has it been decided where they will enrol…? It’s not too late to submit your child’s application to Wellington Point State High School. Read below to see what makes us Redlands High School of Choice. To enrol, call Mrs. Jo Morley on 3820 4240.

![Have you decided on your child's high school for 2017? Wellington Point State High School](image)
High School of Choice

Summer Menu

Tuckshop Menu

Our Summer Menu will be back at the Tuck Shop starting in Term 4 and a few new items are due to become hot favourites. New to the menu next term will be Spaghetti Meatballs, Pizza & Quesadillas. Take a look at the Summer Menu to plan your weekly favourites.

New menu items starting Term 4

News from the Senior Schooling Hub

September 2016 updates

TAFE Spring School Program 19 – 30 September

Knowing what to do when you leave school can be hard. This is why at TAFE Queensland Brisbane we have created a series of hands-on programs designed specifically for grade 10, 11 and 12 students. From classics such as hospitality and fashion through to new areas like robotics and floristry, we give you the opportunity to trial potential pathways in a wide range of industries. The programs are as fun and interactive as they are educational, and will give you a firsthand look at what it’s like to work in the industry of your choosing.

Spring Schools commence between 9.00am – 10am and finish between 2.00pm – 3.00pm. Cost is $20 per person which includes pizza lunch soft drinks and water. You will receive a statement of attendance that you can use as part of your resume when you complete any Season School program.

Over 550 students attended our Winter School and programs filled very fast. Places will be strictly limited and you are encouraged to apply early to avoid disappointment. For a full list of programs and details please email Innovations.brisbane@tafe.qld.edu.au insert Spring School as the Subject and we will email you a program guide.

I want an apprenticeship. How do I find an employer?

There are two broad types of employers for apprenticeships – an individual employer or a group training organisation (GTO). GTO’s pay your wages and organise your formal training but place you with host employers for your on-the-job training. The following are strategies you can use to find an employer.

- Read newspapers that have job ads (e.g. ‘Careerone’ in the Saturday Courier-Mail)
- Search the Internet, e.g.
  - Seek http://www.seek.com.au/ (use ‘apprentice’ as the keyword)
- Careerone http://www.careerone.com.au/ (use ‘apprentice’ as the keyword)
- Contact GTO’s near you – find a list of Queensland GTO’s at:
- Scan school and community notice boards
- Contact trade associations – you can find a list of Queensland associations at:
- Approach previous employers e.g. from work experience or part-time work (take a copy of your resume with you)
- Visit your school VET coordinator and Guidance Counsellor/Officer
- Talk to an Australian Apprenticeship Support Network provider – search for the one located near you at the link below, or ring the info line at 13 38 73
Most importantly, check out your social network (parents, extended family, neighbours, and friends’ parents). Usually there is someone who knows someone who might be looking for an apprentice. Don’t be afraid to approach employers who have not advertised a vacancy. It is said that up to a third of all jobs are obtained through contacts not advertisements.

**QTAC Facebook Open Day**

This event will be held on 15 September 2061 from 9 am – 6 pm. There will be representatives from 15 institutions on the QTAC Facebook site to answer any questions you might have. To be part of this event, simply ‘like’ QTAC at https://www.facebook.com/qtacinfo

**Australia’s Careers Online website**

This website located at the link below, has a number of helpful career development and job search resources. Of particular interest to students unsure of what they want to do in the future is the Job Seekers Workshop. This section of the website provides a series of activities to help you develop and explore your career options.


**Are you interested in studying Architecture?**

As part of the Brisbane Open House program the Australian Institute of Architects is opening its doors to high school students (14 – 18 years) who would like to be ‘An Architect for a Day’. This free event will be held from 10 am – 12 noon on Saturday 8 October 2016 at the Queensland Chapter Auditorium, 70 Merivale Street, South Brisbane. There will be representatives from UQ, QUT, Bond and Griffith and the participating students will be learning from registered architects, academics and graduates to gain a full understanding of architecture. Advance registrations are required. To register, email qld@architecture.com.au. For information about becoming an architect, visit:


**Qld Conservatorium’s Musical Theatre Summer School 2017** - If you are passionate about musical theatre, you will love this week of singing, dancing, acting and performance. It will be held from 15 – 20 January 2017 at Burke Street Studio Theatre, Woolloongabba. Find out more at the link below. Applications are now open.


**Science Bootcamp at CSIRO**

This event will be held in the September school holidays from Wednesday 21 – Thursday 22 September 2016 at the EcoSciences Precinct, 41 Boggo Road, Dutton Park. In this program, you will:

- Visit CSIRO research laboratories - see the latest research in action
News from our Primary School Partners

Gumdale State School

Gumdale State School

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